

## FAQs

**What is Southeast Striders Walking Club?** We are a nonprofit organization whose mission is Fun, Fitness and Friendship. Southeast Striders is an Athens, Georgia based member club and affiliate of the national organization, America's Walking Club ([www.ava.org](http://www.ava.org)).

**Are your walks competitive?** NO, our events are non-competitive and open to all.

**How much does it cost to join?** Annual membership is \$25 for a household and \$15 for an individual.

**How much do you charge for each walk event?** Adults are \$4 and children under 18 walk for free with an accompanying adult.

**Are your walks guided?** Our guided walks are walk events led by a walk leader and followed by a "sweep" to make sure everyone stays safe. Walk events available on the Online Start Box provide individuals a way to walk without a guide whenever they choose.

**Do Southeast Striders hold membership meetings?** Yes, these are gatherings once a month for the purpose of planning club events, sharing information, socializing, and having fun.

**How hard are the walks?** All walk events are rated according to difficulty. Some are easy, on pavement and primarily flat. Others involve hills or significant stair climbing. All walk event communications will include the rating difficulty.

**Why are walks measured in kilometers?** Volkssporting began in Germany where the metric system was used to measure the distance. It is simply traditional to do the same as America's Walking Club is a member of the international organization.

**How are walk events created?** America's Walking Club has a process to certify Trailmasters who can demonstrate the ability to create a safe and interesting walk, create a useful map and a set of directions in a standardized format.

**What are all the abbreviations about?** We are a typical organization with useful abbreviations. If you hear something you don't understand, ask and someone will explain. We all had to ask at one time and we love providing explanations.